

WASHWAY ROAD MEDICAL CENTRE

"SURGERY SNIPPETS"

- a newsletter for our patients.

July - September 2012

HELLO & GOODBYE!

We'd like to extend a warm welcome to our new learners who start with us on 1 August 2012.

Dr Mary Gallagher & Dr Aysha Alla are fully qualified doctors who have finished their hospital training and are in their final years of training to become GPs. Foundation year doctors Dr Sophie Wilkinson and Dr Rachael Britton are also fully qualified doctors whose ongoing training includes a 4 month period of general practice work. We've been fortunate to have keen and enthusiastic learners over the past few years and as with many things in life, they get out of their placement as much as they put in. Our close links with hospital training and ongoing education mean that our own GPs stay up-to-date and on the ball too, providing our patients with current and good quality medical advice.

We'll be saying a fond farewell to our current GP registrar Dr Caroline Smith who's been with us for the last year. Now a fully qualified GP, she will be providing locum services to GP practices in the Manchester area. Also leaving us are our F2 doctors, Dr Eleanor Cregan and Dr Sam Gregson who will be returning to Trafford General hospital to further their learning. Dr Gregson is hoping to pursue a career in Accident & Emergency medicine and it seems that we may have enthused Dr Cregan so much that she's considering a career now in general practice! It's very rewarding to train the next generation of medics - particularly as it will be them who are looking after us all in years to come!

They all wish to express their thanks to our patients for a good insight into general practice.

GET ON BOARD the FIRST STOP HEALTH BUS

Coming to the **Brigadier pub** on Firsway,
every THURSDAY 12noon - 8pm
from 12 July - 30 August 2012

You can get stop smoking advice & help OR a mini health MOT free of charge - checking on your blood pressure and pulse, height, weight and BMI.

Either drop in (on your way to the pub?) or ring and book an appointment on 0800 432 0303.

If you want to find out more first, visit www.thefirststop.org.uk or text BUS + your name & postcode to 81066.



FLU VACCINATION PLANS: ensure you're protected this autumn

Can't believe it's coming round to that time of year again already! Our 'flu campaign will be starting in the second half of September 2011 and **we'll be inviting patients in the high risk categories, from September onwards to come in for vaccination.**

PLEASE, PLEASE RESPOND TO THIS FIRST INVITATION WHEN IT ARRIVES (in September).

You may recall that last December GPs bore the brunt of much media criticism of not ordering sufficient vaccine to cover the "at risk" population. We ordered sufficient vaccine but uptake was incredibly slow after the first couple of weeks; many "at risk" patients didn't want the seasonal 'flu vaccination. Once the media reported the risk of a possible resurgence of "swine 'flu" however, there was mass panic to book vaccination. Please don't leave yourself unprotected this autumn - book your vaccination when you receive your postal or text invitation. If you'd like to receive your invitation by text this year (saving money & postage costs), please check we've got your current mobile number.

DID NOT ATTEND FIGURES Q2 2011 - Washway Road Medical Centre's patients:

WASTED:	SURGERY APPTS	HOSPITAL
OPAs		
April	78	134
May	97	167
June	76	148

Total this quarter = 251 449
Cost: to the practice £3,750 to the NHS £51,000

If you can't attend the surgery appointment you've booked, please RING to cancel on 0161 905 4721 (24hrs) & leave us a message. Thanks.



KEEPING (OR CANCELLING) YOUR APPOINTMENT

You can now CANCEL your appointment by TXT msg - just text back the word CANCEL to the number given & your appointment will automatically be cancelled - we can then offer this slot to someone else who needs it instead.

BANK HOLIDAY CLOSURES - SUMMER 2012

The surgery will be closed on **Monday 27th August**. Should you need **urgent** medical attention that cannot wait until we re-open, one of the services below may be able to help:

NHS Direct (24 hour nurse-led advice line)	0845 46 47
Mastercall (24 hour GP out-of-hours service)	0161 476 2299
Minor injuries unit, Altrincham General Hospital (8am - 8pm Mon - Fri; 10am - 6pm weekends & bank hols)	0161 934 8300

NHS Choices website at www.nhs.uk gives information about NHS Walk-in Centres open near you.

Finally, don't forget to **ORDER** your repeat prescription by Wednesday 22nd August & **COLLECT** it before 6:30pm on Friday 24th August 2012.

Weight Management programme for kids aged 7-13yrs
- make food fun - family exercise - make friends - live longer
Wednesdays 4.30-6.00pm at Sale Leisure Centre
Contact us to book a free place: 07900 051 201

change
4 life
Eat well Move more Live longer