



Travel Information

Travel information can be obtained when you ring to make an appointment and know which Treatment Room you will be attending.

You will also be able to get travel information from Greater Manchester Transport: Tel: 0871 200 2233 (7am to 8pm, Monday to Friday, and 8am to 8pm at weekends and bank holidays).

You can also plan your journey in advance using their online Journey Planner.

www.multimap.com by using the postcode you will be given.

Meadway Health Centre Meadway Sale M33 4PS

Tel: 0161-975-4740 V1 Dec 2011

Ear Care Service – Meadway Sale



Booking Line – 0161-975-4740 The booking line is open 8.30am to 4-30pm Monday to Friday

Trafford Provider Service is launching a new Ear Care Service.

This new service will provide assessment, advice and treatment for the removal of excessive ear wax. In response to patient feedback.

Patient Information

What causes Wax Blockage?

Wax moves in a thin film from the inside of the ear canal to the outside. Occasionally, wax can build up in your ear and cause a blockage.

A number of things may cause this.

- If you have narrow ear canals
- Work in a dusty or dirty environment
- Wear ear plugs as a requirement for your job
- Wear a hearing aid.

The removal of wax at the centre will be via the:-

Irrigation or Micro Suction method

For some patients with specific ear conditions Micro suction would be the recommended and safest method for removing excessive ear wax.

Some of these conditions would be:-

- Previous Perforation of the ear drums which has healed.
- Prone to Ear discharge or frequent ear infections which have been investigated by an ENT Consultant.
- Previous Ear Surgery.
- Previous complications following irrigation
- Only hearing ear -
- Cleft Palate which has been repaired in the past.

Important - Please advise the nurse if you have one of the above conditions.

Do you have a Hearing Aid?

Appointments can be made at the ear care service 2-3 weeks before your hearing aid appointment for the removal of ear wax.

Important - what you need to do before your appointment

If your hearing is down you should try using olive oil drops from your pharmacy. Apply 2-3 drops three times per day for a week. At first this may make your hearing worse as the drops are thick and it makes the wax swell, but as the wax disperses your hearing should improve.

If there is no improvement after a week, contact the ear care service for an assessment.

For patients who have already been treated for the <u>removal</u> <u>of ear wax</u> in the past (either at GP practice, District Nurse treatment room, ENT or Audiology), please ring the Ear Care Service as soon as you think you have <u>an ear wax</u> problem to make an appointment.

N.B. This is a wax removal and advice service only. It is important therefore that contact your GP Surgery if you are experiencing hearing problems, pain or discharge from your ear/s to exclude other causes.

General Information

When telephoning to make an appointment, you will be offered a choice of treatment room sites.

There are:-

Meadway Health Centre, Meadway, Sale.

Meadway is located a short walk from Washway Road and the bus stops located along Woodhouse Lane.

Delamere Centre, Derbyshire Lane, Stretford. (Friday only)

This is a short walk from Chester Road in Stretford and the bus stops located along Chester Road and Derbyshire Lane.

Following your appointment - you will be given information and advice on how to care for your ears.